

# IAPT Cambridge Group Work Programme Welcome To CPFT

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## **IAPT Cambridge Group Work Programme**

IAPT Cambridge Group Work Programme Improving Access to Psychological Therapies (IAPT)

## **IAPT Cambridge Group Work Programme - CPFT**

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## **IAPT Cambridge Group Work Programme Welcome To Cpft | pdf ...**

CPFT Psychological Wellbeing Service is part of the Improving Access to Psychological Therapies (IAPT) services. Our aim is to make psychological therapies more accessible to people experiencing common mental health problems such as depression and anxiety.

## **Psychological Wellbeing Service (IAPT) - Cambridgeshire ...**

The Improving Access to Psychological Therapies (IAPT) programme has trained thousands of therapists across the UK to deliver evidence-based psychological therapies. Correspondence to Hannah Murray, Oxford Centre for Anxiety Disorders and Trauma, University of Oxford, The

## **Evaluation of a Trauma-Focused CBT Training Programme for ...**

CPFT provides primary care services to people living in Cambridgeshire and Peterborough including Improving Access to Psychological Therapies (IAPT). The Liaison Psychiatry pathway provides specialist mental health assessment advice and intervention to people in acute hospitals.

## **IAPT and Liaison Psychiatry - Cambridgeshire and ...**

treated under the umbrella of Improving Access to Psychological Therapies (IAPT) services. To evaluate the effectiveness of group Cognitive Behaviour Therapy (CBT) based on the work of Fennell in treating low self-esteem 50 participants attended a 10-week group programme. Pre- and post-group measures of depression, anxiety and

## **An evaluation of group cognitive behaviour therapy for low ...**

Improving Access to Psychological Therapies (IAPT) is an NHS initiative designed to make psychological or talking therapies more accessible to people experiencing common mental health problems. The psychological therapies offered are treatments approved by the National Institute for Health and Care

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## **Psychological Wellbeing Service (IAPT) - Cambridgeshire**

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The Improving Access to Psychological Therapies (IAPT) programme began in 2008 and has transformed the treatment of adult anxiety disorders and depression in England.

## **Adult Improving Access to Psychological Therapies programme**

IAPT is a comprehensive training program for new psychological therapists in evidence-based psychological therapies recommended by the National Institute for Clinical Excellence (NICE); including Cognitive Behavioural Therapy (CBT), interpersonal psychotherapy, couples therapy and brief dynamic therapy. Training follows national curricula aligned to agreed competencies.

## **Improving Access to Psychological Therapies | Mental ...**

As a national programme, CYP-IAPT required a modest governance structure, including focused work streams to develop curricula, outcomes measurement and service organisation, but it was delivered within CAMHS partnerships made up of commissioners and both statutory and non-statutory providers who wanted to deliver local change.

## **Update on the Improving Access to Psychological Therapies ...**

The IAPT programme was a direct response by the Department of Health, under the then Labour government, to the arguments put by economist Professor Lord Richard Layard in 2006, in The Depression Report, published by the Centre for Economic Performance at the London School of Economics.

## **Improving Access to Psychological Therapies - IAPT | OCD-UK**

the government's improving access to psychological therapies (IAPT) programme. Aim: This study aims to explore the experiences of five PCMHWS working in the context of a newly designed primary care mental health team in London.

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## **Reflective voices: primary care mental ... - cambridge.org**

Development of a training programme for primary care mental health staff to support ... (via videos, role plays, case studies and group discussion); (iii) skills-based training (in specific assessment and intervention methods). Knowledge, understanding and confidence ... provided the original work is properly cited. <https://www.cambridge.org> ...

## **Research & Development Development of a training programme ...**

addressed a condition managed by the IAPT programme. What is IAPT? Improving Access to Psychological Therapies (IAPT) services provide evidence-based psychological therapies to people with anxiety disorders and depression.

## **Improving Access to Psychological Therapies (IAPT) | NICE**

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IAPT services recruit two types of workers. Psychological Wellbeing Practitioners (PWPs) and High Intensity CBT Therapists, who respectively offer low and high intensity intervention. Information on training for PWP workers and IAPT accredited training is available on the British Psychological Society website .

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